

Welcome to the Raising Health Newsletter – January 2021

On behalf of the charity's Trustees, I would like to welcome you to our latest Newsletter. Raising Health is the charity for Leicestershire Partnership NHS Trust aiming to raise money to support projects which fall outside of the core NHS budget. I'm Carolyn Pascoe, the new Fundraising Manager. I'm really excited about working alongside you to raise funds to support our patients and our wonderful staff and volunteers.



Round-Up of 2020

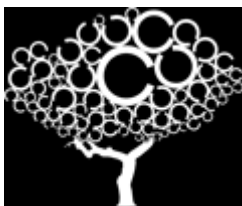
With the challenges of the Covid19 pandemic, it was really important that Raising Health supported projects to help with patient care and the health and wellbeing of our much-valued and hard-working staff and volunteers.

Here's how we helped

We applied and were awarded almost £300,000 in grants from **NHS Charities Together**. We used this money to support:

**NHS CHARITIES
TOGETHER**

- Wobble Rooms for staff, stocking them with fruit and hand creams.
- Boredom buster items for patients.
- A Virtual Health & Wellbeing Festival led by our Health & Wellbeing Team.
- Our Board wanted to thank all staff for going above and beyond in very difficult circumstances, so thank you letters and pin badges were sent to staff.
- Grants to our staff network groups were provided to ensure that our BAME and disabled colleagues were supported throughout the pandemic.
- We have kept money aside from these grants to upgrade our staff rooms so that they are of a more consistent quality across LPT. We have produced a plan with estates colleagues and work will commence from April 2021.



We continued to receive two grants from the **Carlton Hayes Mental Health Charity**. Thank you to all of you who applied for the grants through Raising Health and we saw some amazing projects and ideas to support our patients with mental health conditions.

At Christmas-time

We set up an appeal to raise money to provide Christmas presents for our inpatients called “Raising a Smile for Christmas”. I know many of our staff and friends supported this and thank you. We also had support from the community and four local Tesco Express stores joined in with the fundraising. We hope that it made Christmas Day that little bit more special. And thank you to our volunteer drivers who donated their time to distribute the presents.



We also delved into on-line fundraising with our first ever on-line raffle which supported our LPT volunteers, with gifts donated by colleagues and two Asda stores. Our friends at Asda Thurmaston also donated a Christmas tree for the Bradgate Mental Health Unit’s garden.



Keeping you updated

We will keep you regularly updated with news on how we will be raising income and spending any grants we receive. Keep your eye out for future updates. If you have any ideas on future fundraising or projects that we can support, I’d love to hear from you.

Stay well and keep safe.

Carolyn

Trustees: Cathy Ellis (Chair), Sharon Murphy, Ruth Marchington and David Williams

Social media: link up with us on:

https://twitter.com/raising_health

<https://www.facebook.com/RaisingHealthUK/>

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