



Leicestershire Partnership
NHS Trust

Raising
Health

Our Impact

Raising Health Impact Report
2025-26



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“Your **support** means everything
- you are helping make a **huge
difference** to the lives of local
patients. We couldn't do it
without you.”



Faisal Hussain

Interim Group Chair of
Leicestershire Partnership NHS Trust

Chair of Raising Health
Charitable Fund Committee

Raising Health Impact Report 2025-26

Welcome and thank you

**We are so excited to share the third edition of
Raising Health's Impact Report.**

This report showcases the incredible difference that Raising Health continues to make, thanks to the kindness, generosity and dedication of our supporters. In 2025-26, despite ongoing challenges facing many individuals and communities, you helped us **raise over £686,000** through donations, fundraising activities and charitable giving.

Your support has enabled us to enhance patient care, provide additional wellbeing and development opportunities for staff and volunteers across our Trust, and improve healthcare environments. These projects and initiatives go beyond what NHS funding alone can provide, helping to make difficult times a little easier and positive experiences even better.

On behalf of the Charitable Funds Committee, I would like to offer my heartfelt thanks to everyone who has supported Raising Health this year. Every contribution, no matter how large or small, helps to make a meaningful and lasting difference to the lives of patients, families, carers, staff, and volunteers.

Why we exist

As the charity of Leicestershire Partnership NHS Trust (LPT), we help enhance care for more than one million people across Leicester, Leicestershire and Rutland.

We support LPT to provide a wide range of services, including Mental Health Services, Families, Young People and Children's Services, Learning Disabilities and Autism Services, and Community Health Services.

Every year, the donations we receive and funding we secure help us to support:

- Equipment and building improvements
- Improving therapeutic activities
- Innovation and research
- Staff facilities wellbeing and education

We raise funds through public donations, corporate partnerships, gifts in wills, in-memory giving, community fundraising activities, and grants from trusts and foundations.

Every donation helps us provide resources and opportunities that go beyond core NHS funding, improving experience of patients, service users and staff across the trust.

Raising Health is the registered **NHS** charity for the Leicestershire Partnership NHS Trust, supporting **vital** projects that are **above and beyond** statutory funding.

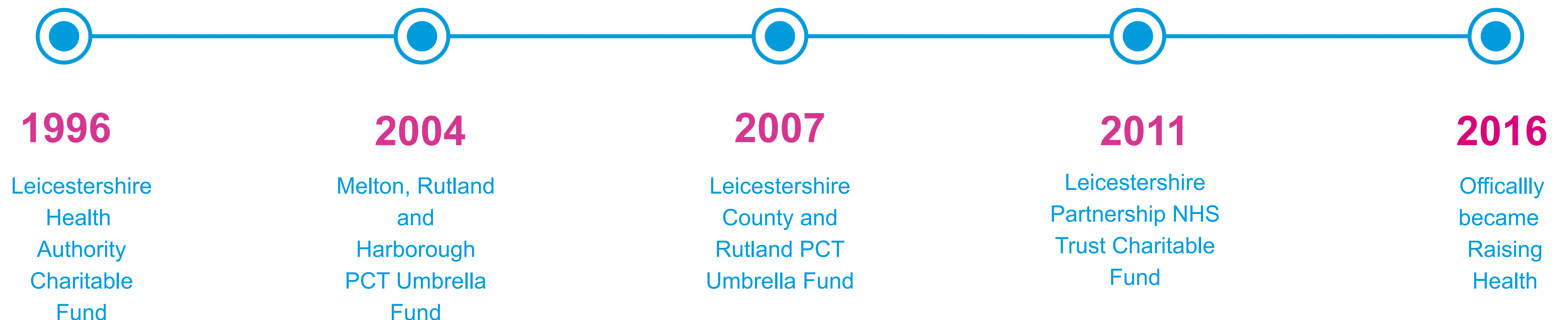
How we got here

To understand where we are today, it is important to understand where we started.

From its inception in 1996 to being rebranded as Raising Health in 2016, the charity primarily managed legacy and donation income, supporting the Trust on a smaller scale.

Since 2016, Raising Health has evolved into a dedicated fundraising and impact-led charity, building strong partnerships, delivering innovative projects and improving the lives of patients and staff across our communities.

As we celebrate 10 years of Raising Health, we are proud of the difference we have made together and excited about what comes next.



Our people

Connecting communities and healthcare to create change that lasts.



Behind Raising Health is a small but ambitious team of two fundraisers, working alongside colleagues across Leicestershire Partnership NHS Trust.

Our work is backed by colleagues in finance, communications, procurement, estates, capital and leadership, as well as executive and non-executive directors who oversee the charity through the Charitable Funds Committee on behalf of our Corporate Trustee - LPT, ensuring funds are managed responsibly and effectively.

As a charity embedded within the NHS, we do more than raise funds. We connect communities, voluntary sector partners and healthcare services, helping to turn goodwill, ideas and support into meaningful improvements for patients, service users, carers and staff.

Throughout the year, we champion Raising Health locally and nationally. By sharing stories, attending events, speaking at conferences and creating partnerships, we help ensure the charity remains a visible and trusted bridge between the NHS and the communities.

We are proud that in 2025 our Fundraising Manager was recognised as Highly Commended in the Woman with Community Impact category at the East Midlands Women's Awards, reflecting our commitment to building stronger connections between communities and healthcare.

Impact in numbers

*subject to audit



£593,000

committed to projects



£14,000

secured in sponsorship for staff awards celebrations



£50,000

worth of gifts in kind given to patients



183

projects supported



6

volunteering groups helped on our sites



46,000

people benefitted from our projects



£117,000

grant from NHS Charities Together



£686,000

income generated





Improving spaces



Stewart House gym

We were proud to help support the new gym at Stewart House Rehabilitation Service, where more than £12,000 was raised by local communities, families and LPT staff to create a lasting resource for patients receiving specialist inpatient care.

Shaped by patient feedback, the upgraded facility includes a treadmill, multi-gym, punch bag and a range of smaller fitness equipment to support physical health, wellbeing and recovery.

The project was made possible through the dedication of many supporters, including the family and friends of Greg Strachey, who continued fundraising in his memory. The new gym is a fitting tribute to Greg and a powerful example of what can be achieved when communities, families and NHS staff come together to make a difference.

The new gym is making such a **difference**. It continues to encourage **healthier** routines, boost motivation and help patients develop **positive habits** that can continue beyond their time on the ward.



End of life garden

We're incredibly grateful to CLC Contractors Ltd and the Trust's Volunteering Team for transforming the garden outside the palliative care ward at Melton Mowbray community hospital into a peaceful outdoor space for patients, families and staff.

Volunteers installed fencing, flower beds and pots, and jet-washed pathways, as well as donated benches, plants and materials, covering all project costs.

We are hugely thankful to all our corporate volunteers whose support helps to improve the lives of the patients and families we look after.



Welford ward garden

The Bupa Foundation donated £2,000 to our Adult Eating Disorder service, enabling us to refresh the garden for our patients, providing flower beds, seating and garden accessories to brighten up the space.

These additions have changed the space from a disused area to a welcoming garden that patients now enjoy using whilst in our care.



End of life family beds

We were honoured to support palliative care service at our community hospitals by enabling the purchase of pull-out sofa beds for patient rooms, helping to make a difficult time a little more comfortable for families of patients receiving end of life care.

All thirteen dedicated End of Life suites at all community hospitals provide compassionate, personalised support to patients and their loved ones, ensuring care is centred around dignity, comfort and individual needs. Family presence can play an important role during this time, providing reassurance to patients and allowing relatives to spend valuable time together.

This project is a powerful example of how charitable funding can make a tangible difference to the experience of patients and families.

This project enables families to **stay overnight** in greater comfort, allowing them to remain **close** to their loved ones when it **matters most**.

It provides relatives with a welcoming **place to rest** without having to leave the hospital during some of life's most difficult moments.





Hinckley Hub feature walls

We are so grateful to NEXT Giving for helping us make the therapeutic spaces at the Hinckley Hub more welcoming and engaging for the children and families who attend physiotherapy and occupational therapy services.

The NEXT Giving charity team created feature walls in five therapy rooms, bringing themes such as outer space and under the sea to life. Their creativity and hard work have transformed the environment into a brighter, more inviting space that helps make therapy sessions a more positive experience for children.

Gaming on the wards



Thanks to the generosity of Get Well Gamers and the Starlight Foundation, our Children and Young People's Mental Health Services have received brand-new PlayStations, Nintendo Switches, games, and accessories for young people to use and enjoy.

These fantastic gifts are providing fun, comfort, and much-needed relief through play for patients receiving mental health care. They are helping young people build confidence, connect with one another, and feel more at ease during their stay.



Improving therapeutic activities



Bring Light to the Beacon

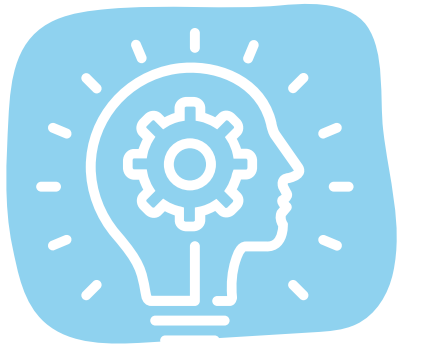
We officially completed the Bring Light to the Beacon project, installing a sensory room at our Children and Adolescent Mental Health unit, caring for young patients with severe mental health issues.

Thanks to the generosity of local businesses, community groups, trusts, foundations and our amazing fundraisers, we'd secured £25,000 to create a sensory room and provide a specialist sensory trolley to bring directly to patients bedrooms.



The sensory room is equipped with padding, infinity tunnels and an interactive projector, and is loved by both patients and staff.

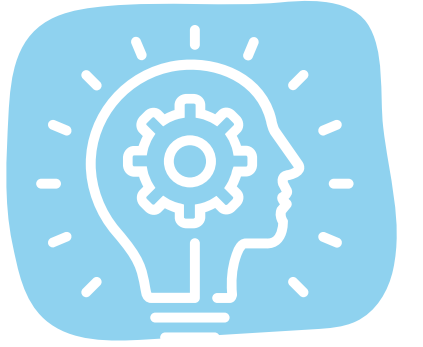
Let's Get Gardening



We also completed the therapeutic garden at the Bradgate Mental Health unit, creating a calm and restorative space where patients can relax and recover during their time on the wards.

Following the successful fundraising in previous years which saw £25,000 being raised, a garden was completed with a sensory pathway with varied textures and materials to stimulate the senses. Surrounded by vibrant planting and comfortable seating, the space offers a peaceful environment for reflection and relaxation. It has become a valued sanctuary for patients and staff, supporting wellbeing and aiding recovery.





Hinckley Hub Sensory Room

We are delighted to have completed the new sensory room at the Hinckley Hub for our Children's Physiotherapy Service, thanks to a £14,000 donation by Wooden Spoon Children's Charity and our dedicated Tea Bar Volunteers.

Designed with an exciting under the sea theme, the calming space features an infinity tunnel, specialist sensory equipment, padded areas, and interactive elements.

The room provides a safe, welcoming environment for children who need additional support, helping them improve communication, gross motor skills and improve overall physical development.

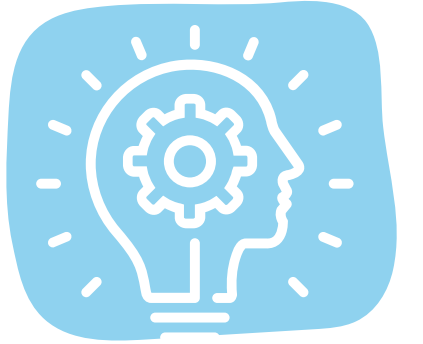


Sports equipment

Thanks to Sport England funding, we have been able to purchase a wide range of sports equipment for all 19 of our inpatient mental health wards.

This included a wide range of equipment and activities, such as tennis, football, badminton, table tennis, rounders, dance and yoga mats, and swingball. These resources enable patients to stay active, engaged, and physically moving during their stay, supporting their wellbeing and helping them on their journey to recovery.





Cookery workshops

Thanks to Tesco Stronger Starts, The Sun and Samworth Brothers Community Fund, we are now able to deliver therapeutic cookery sessions for young patients staying at the Beacon Mental Health unit.

The funding has enabled us to purchase cookery equipment, provide fresh produce and ingredients for weekly sessions, and buy gardening items so patients can grow vegetables from seed.

This has made such an impact, particularly for those being treated to manage eating disorders. The sessions have helped improve confidence around food and nutrition and provided valuable cooking skills.



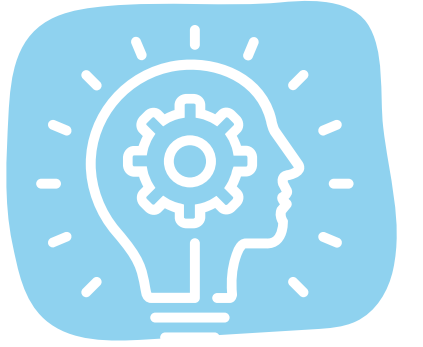
Art sessions

We were proud to successfully secure funding to continue running an arts café at the Bradgate Mental Health unit.

The sessions aim to help participants develop new skills, build self-esteem and confidence, improve communication and learn to collaborate with others in the community.

Patients who have attended the arts café have shared how grateful they are for the opportunity to take part in these sessions, describing them as vital for their mental health.





Teddies for Loving Care

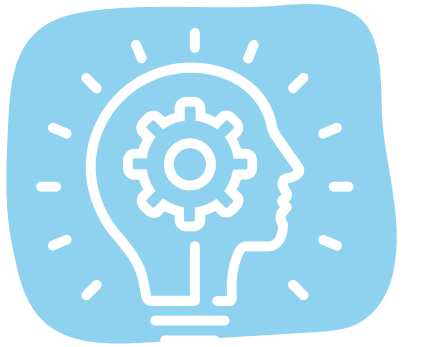
Thanks to the kindness and support of one of our valued partner, the Leicestershire and Rutland Masonic Foundation, we were able to secure 400 beautiful teddy bears through the Teddies for Loving Care project.

This has enabled us to provide teddies to patients across many of our services, including Children and Adolescent Mental Health Services (CAMHS), Adult Eating Disorder Services, Phlebotomy, Community Paediatrics, the Homeless Mental Health Service, and the Palliative Care Team.

These bears have provided comfort, calm and reassurance to many of our patients during difficult and challenging times.

This project exemplifies why we exist as a charity. While it may seem like a small gesture, it means so much to the people we support and care for, bringing a source of comfort when it is needed most.





Raising a Smile for Christmas - annual appeal

Thanks to the incredible generosity of businesses, community groups, and members of the public, we provided over 600 Christmas gifts across 37 inpatient units, including mental health wards, community hospitals, and children's services.

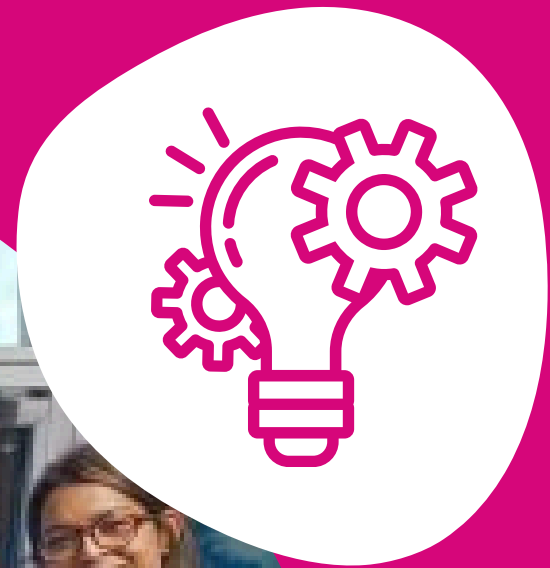
Donations included cosy blankets from Dunelm, toiletry sets from Giving World, and toys generously provided by Leicester City Football Club.

These gifts brought comfort, warmth, and moments of joy to patients during the festive season, helping to make Christmas a little brighter for those spending the holidays in our care.

Special thank you goes to corporate volunteers from Tilbury Douglas who acted as elves, wrapping all needed gifts and getting them ready for delivery.

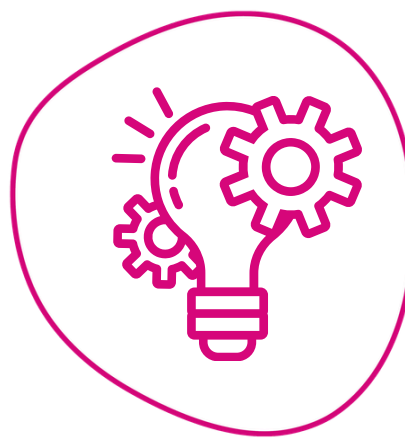
“Christmas was **brilliant** on the wards! The decorations, lights, activities, and personalised presents created a **warm and festive** atmosphere.”





Innovation

CAMHS BRIDGE Project



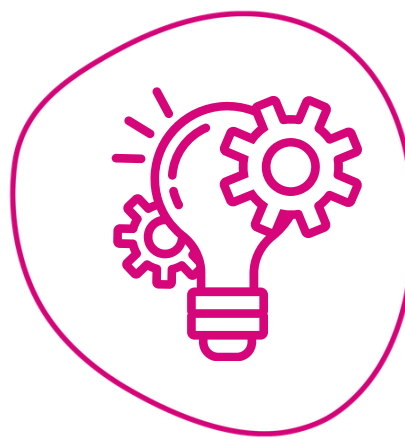
We're incredibly excited to share one of our most groundbreaking projects to date and a fantastic example of how charitable funding can drive true innovation. We secured £117,000 through the NHS Charities Together Innovation Challenge.

The funding will enable us to provide culturally relevant digital resources for families and carers of children and young people waiting for CAMHS support.

Working alongside our VCS partner Heads Up and a dedicated Care Navigator, we will deliver support sessions for parents and carers, helping to strengthen the network around each child, build confidence, and empower families to support their child's wellbeing while awaiting specialist services. This approach aims to reduce health inequalities and improve access to timely, appropriate support.

As one of five nationally funded innovations **addressing health inequalities**, this project is not only creating local impact but also contributing to wider NHS learning and future **system-wide change.**





Homeless Mental Health Service outreach project

This **joined-up, cross-sector** approach has had a significant impact on families experiencing homelessness.

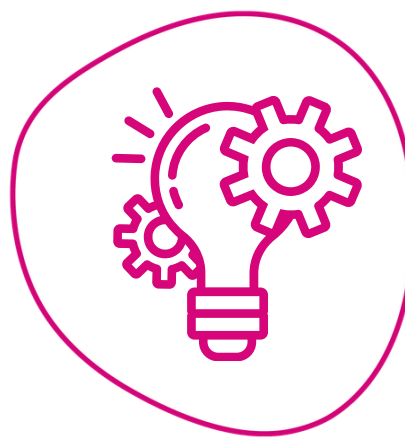
With around 450 families living in temporary accommodation, these **events helped reach** those who may not otherwise access support services.

Working in partnership with community organisations across Leicester, we have developed innovative ways to reach and engage homeless families. By securing funding from ICB and supporting outreach events, we have created safe, welcoming spaces offering activities, support, and connection.

We also facilitated a donation from Vodafone's Digital Inclusion Programme, securing 40 SIM cards.

Distributed to families most in need, these SIMs have provided a vital digital lifeline, helping people stay connected to healthcare professionals, emergency services, and support networks, reducing isolation and improving access to essential support.





Flow Neuroscience project

Thanks to the funding secured last year, we have successfully delivered this project, providing Flow Neuroscience headsets across a number of our services including our Crisis Mental Health Team, Adult Eating Disorder Service and Community Mental Health Team.

The impact has been significant. Flow treatment has helped many individuals improve their mental health and wellbeing, and in some cases has made a life-saving difference. We are immensely proud of what has been achieved and sincerely grateful to our funders, whose generosity made this project possible.

Beyond our own organisation, we have shared our knowledge and experience with other NHS Trusts, supporting the wider adoption of Flow treatment and helping to build the evidence base for this innovative technology.

“Because of this treatment I now have **hope** and my mood is **so much better**. The treatment really has **changed my life.**”



Staff wellbeing





Improvements to staff rooms

We are proud to have supported the creation of calming spaces, where Trust colleagues can take a break and recharge.

One of the examples is the complete refurbishment of the Oasis Room at St Luke's community hospital, transforming it into a peaceful and welcoming wellbeing space for staff to enjoy.

Through our £30,000 contribution, the room was revitalised to create an environment where colleagues can step away from their daily pressures, connect with one another, socialise, rest, and focus on their own wellbeing during breaks.

Other improvements were brought to Coleman Ward at Evington Centre - the inpatient mental health ward caring for older people.

Creating a moment of peace away from the demands of the ward, particularly after what may have been an **emotionally demanding** intervention or conversation.





Long Service Awards

Being part of such a special event, celebrating the outstanding dedication of NHS staff and volunteers across our Trust, is truly inspirational.

The event recognised and celebrated 230 members of staff and volunteers for their commitment and contributions to the NHS.

Acknowledging the milestone years of service achieved by our staff and volunteers is incredibly important. We were delighted to secure sponsorship from Tilbury Douglas, Browne Jacobson and Santé Group, enabling this celebration to take place.

Celebrating Excellence

Each year we also support the Celebrating Excellence Awards, recognising the outstanding work of our colleagues and volunteers across LPT.

It was a privilege to be part of such a special celebration supported by headline sponsor, Tilbury Douglas, our Category Sponsors Browne Jacobson and The Conference Works along gifts-in-kind sponsors: Grand Hotel, Central Print, Taylor's Florist and NEXT with many other local businesses who donated raffle prizes, helping us raise £500.



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Team Time Out

Another initiative to promote staff health and wellbeing is Team Time Out, which was supported through profits generated by the Staff Lottery. This programme gives teams dedicated time away from their day-to-day responsibilities to pause, reflect, connect with one another, and focus on their wellbeing.

We contributed £35,000 to the project, supporting team activities ranging from meditation sessions to sports days, enabling colleagues to spend meaningful time together outside the workplace. Whether through social activities, shared experiences, or simply taking time to connect, the initiative has helped strengthen team relationships and support staff wellbeing.

The programme has been **extremely well received** by staff, with 98% of participants reporting an improvement in their health and wellbeing.



Looking to the future

Magdalena Korytkowska - Fundraising Manager

This is my third Impact Report as Fundraising Manager, and each year I feel an even greater sense of pride in what Raising Health can achieve. While the environment around us continues to evolve, our purpose remains the same.

Behind every project is a commitment to supporting the priorities of our Trust. By aligning our work with the Thrive strategy, we're ensuring charitable investment helps shape the future of care across our Trust.

I have been particularly proud of the role Raising Health plays in the CAMHS Bridge project, helping to secure significant funding through NHS Charities Together and supporting a programme that is now contributing to the national Core20PLUS5 health inequalities agenda.

Looking ahead, our plans are bigger than ever. From supporting the vast variety of the projects across the Trust to launching our most ambitious appeal yet to enhance community hospital and mental health wards for older people to become dementia-friendly environments.

The need reaching £1 million.

It's an exciting challenge, but one we know we cannot achieve alone.

To everyone who supports the work we do and believe in us, thank you.



Dementia-friendly wards appeal

We have just launched our biggest appeal yet and we need your help. A hospital stay can be unsettling for anyone, but for people living with dementia, unfamiliar surroundings can be particularly overwhelming. That is why we want to transform 13 wards across our seven community hospitals, and four mental health wards for elderly people, creating dementia friendly spaces that calm, reassure and support independence.

Through improved signage, flooring, clocks, colour schemes and wayfinding features, we can create environments that reduce confusion, promote wellbeing and help patients feel safe and comfortable while receiving high-quality care.

We are aiming to raise over £1 million to transform our wards into environments that better support patients, families and staff.

By creating calming, therapeutic spaces that reduce confusion and distress, we can enhance wellbeing, promote independence and improve the quality of care for people living with dementia.

For more information on how to get involved, scan the QR code:



Thank you to our fundraisers

Every mile run, challenge completed and pound raised represents someone willing to step outside their comfort zone for a cause they believe in.

We are incredibly grateful to everyone who has given their time, energy and passion to support Raising Health and the work we do.

Your commitment helps us turn ideas into reality and bring meaningful improvements to the lives of patients, service users, carers and staff. Quite simply, we couldn't do it without you.

We are so **grateful** for
your support.
Your passion **powers**
our **impact**.



Special thank you to Carlton Hayes Mental Health charity

For many years, Carlton Hayes Mental Health Charity has been one of Raising Health's most valued partners, generously contributing £55,000 each year to support mental health services across our Trust.

This funding brings to life activities and opportunities across inpatient wards, community teams, older people's services, CAMHS and specialist mental health services.

From therapeutic arts, music and yoga sessions to sensory resources, community outings, gardening projects and recovery-focused activities.

Its impact reaches thousands of patients each year, creating opportunities for connection, confidence building, creativity and independence that go beyond traditional healthcare.

Most importantly, this partnership helps ensure that people experiencing mental ill health can access meaningful experiences that support recovery and hope.

On behalf of our patients, service users and teams, **we are deeply grateful** for the continued generosity and trust.



Thank you to all our supporters

Trusts and Foundations:

Anand & Sethi Trust
Bupa Foundation
Carlton Hayes
Edith Murphy Foundation
Florence Turner Trust
Himat Tanna Charitable Trust
J R Corah Foundation
Leicester & Rutland
Community Foundation
Leicestershire and Rutland
Masonic Foundation
NHS Charities Together
LLR ICB
Maud Elkington Trust
Samworth Brothers

Screwfix Foundation
Sport England
Tea Bar Volunteers
Tesco Stronger Starts
Wooden Spoon Charity

Sponsors:

Browne Jacobson
Central Print
Grand Hotel
Santé Group
The Conference Works
Tilbury Douglas

Gifts-in-kind contributors:

ASDA
Boots
Dunelm
Get Well Gamers
Giving World
Leicester City Football Club
Next Giving
Rapid Relief Team
Starlight Foundation
Taylor's Florist
Vodafone Foundation

How you can help

Are you interested in supporting us today? Your kindness and generosity enables us to offer local patients the best services and care. We would be very grateful for any contribution to add to our existing fundraising targets. If you require any further information, please do not hesitate to get in touch.



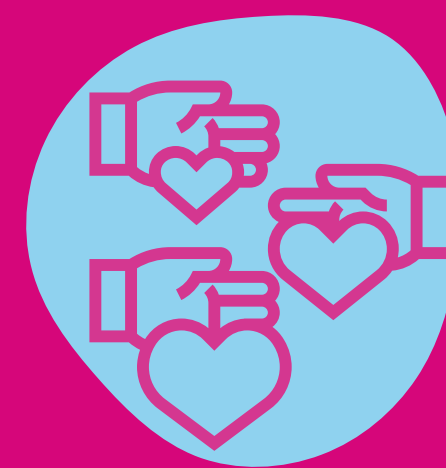
Financial contributions

This can be made towards general work of the charity or donated to specific appeals or projects.



Sponsorship

Are you a business that would like to support us or are you able to introduce us to businesses who could be interested in the work we do?



Fundraising and volunteering

Whether you are a member of the public or a local community group looking to fundraise or volunteer we'd love to hear from you.



Gifts in kind

If you are unable to give a financial contribution but you have suitable items or services to offer, please get in touch.

Thank **you.**

We are incredibly grateful for your support. Our projects would simply not be possible without your generosity.

Your contribution is helping us make a real difference to the lives of our patients and carers and the staff and volunteers who care for us all every day.



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