

Raising
Health 



Leicestershire Partnership
NHS Trust

Impact Report 2024-25

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Welcome and thank you



Faisal Hussain

Chair of Raising Health Charitable Fund Committee

We're delighted to share Raising Health's Impact Report for 2024-25, highlighting the powerful difference your support has made for local patients over the past year.

Thanks to the generosity of trusts, foundations, businesses, community groups, and individuals, we've been able to fund a range of life-enhancing projects.

Raising Health funds and supports those projects which provide additional value and benefits to services delivered to our patients, service-users and communities - these are above and beyond our core NHS provision. From therapeutic gardens and innovative mental health treatments to festive gifts for patients and sensory rooms for our children and adolescent mental health unit, your support has helped us transform care and experiences for those who need it most.

We are deeply grateful to all our donors, your generosity enables us to provide not only vital care but also comfort and hope to patients facing difficult times. Thanks to your support, we can continue to enhance and innovate our services, ensuring every patient receives the exceptional care they deserve.

A handwritten signature in black ink, appearing to read 'Faisal Hussain', enclosed within a thin black oval border.

Supporting our Trust

As the charity to the Leicestershire Partnership Trust (LPT), we are instrumental in supporting the delivery of these services. During 23-24, LPT supported over **1 million people** across Leicester, Leicestershire and Rutland. During this time, LPT also had:



8,600
Staff (inc bank)



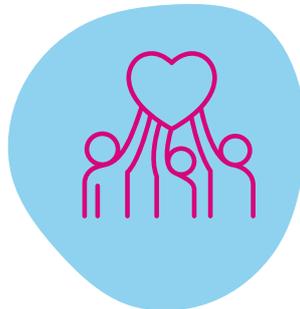
234,000
Caseloads



235
Active volunteers



100+
Premises



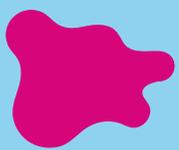
2.1m
Community Contacts



187,000
Bed Days

Your support in numbers*

*subject to audit



£345,000

Total overall
income



£360,000

Support granted towards
Trust's projects



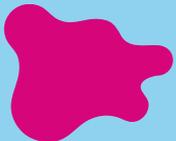
£129,000

Raised through
fundraising appeals



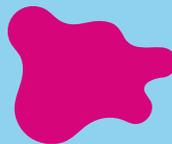
171

Number of funded
projects



£25,000

Received from
legacies



£92,000

Cost of running a charity



£17,000

Raised from general
donations



£26,670

Worth of Gifts-In-Kind



Our mission

Raising Health **generates income** to support excellent care initiatives, equipment and innovations which go **above and beyond** core NHS provision to enhance the experience of existing and future patients, service users and staff at Leicestershire Partnership NHS Trust.

The main areas we support include:



New equipment and building improvements



Innovations in practice and therapeutic activities



Medical research to improve our services



Staff facilities, wellbeing and education



New equipment and
building improvements

Let's Get Gardening appeal



We are pleased to announce that the Let's Get Gardening appeal to create a therapeutic garden space at the Bradgate Mental Health Unit is now complete.

After securing a total of £25,000 from local businesses, community groups, trusts and foundations and members of the public, we reached our target and the garden is now open for our patients to use.

Use of the sensory garden is now supporting the treatment and care of our adult mental health patients, offering a space to de-escalate, reflect and engage their senses.





“The support from Raising Health through the Let's Get Gardening project has been truly transformative. We now have an outdoor sensory space where our patients can reconnect with nature and find moments of calm in the midst of mental health recovery. Raising Health have not only helped us grow plants—they've helped us grow possibility, dignity, and hope. Their support has directly improved the quality of care we can offer, and we are so thankful.”

Bring Light to the Beacon appeal

We are delighted to have raised an incredible £25,000 to have a sensory room created at the Beacon Unit, our Children and Adolescent mental health facility in Glenfield.

This funding will enable us to fully equip the space with projector, interactive wall, infinity tunnel and a portable sensory trolley for patients to engage in sensory therapy with staff in their rooms.

We would like to thank all our amazing contributors for making this possible. Every donation that we have received has enabled us to create a calming space to de-escalate, relax and to aid the recovery process for the children and young people staying at the unit.



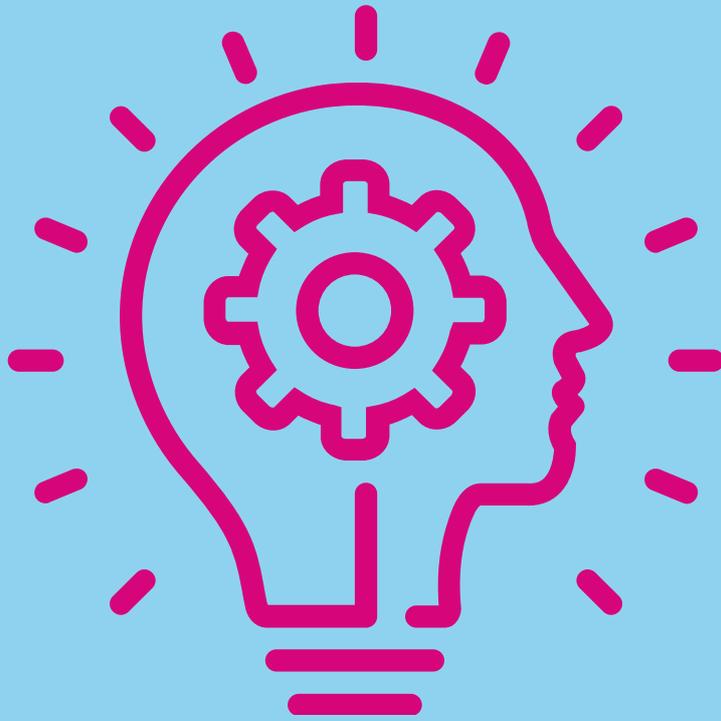
Children's Therapy Spaces

We are excited to share that we have secured funding for two beautiful therapy spaces to aid therapy through play to support young patients.

Our Children's Therapy Services are now able to use these spaces to help some of our youngest patients with developmental issues and sensory impairments, to improve their gross motor skills, communication skills and relaxation techniques.

This funding has enabled installation of padding and soft play equipment to make these rooms safe and useable for play therapy.





**Innovations in practice and
therapeutic activities**

LGBTQ+ Lanyards Project

We're proud to have secured funding for over 500 LGBTQ+ Progress lanyards for staff.

These lanyards feature the LPT logo, include the colours representing trans and intersex communities, and are designed with a three-point break for use in secure settings.

These lanyards have played a huge role in helping patients easily identify inclusive staff, encouraging open conversations around LGBTQ+ needs, and promoting visibility, trust, and safe access to care.





“ We are so grateful to the Raising Health team for everything they do. These amazing lanyards will not only support our patients but also carers and staff in recognising our wards as a safe space.”

Learning Disability and Autism Care Bags

We are further supporting autistic people with learning disabilities by providing sensory bags.

The initiative has been designed to offer comfort and reduce stress for autistic people and people with a learning disability when they are accessing our services.

These communities often have sensory needs and find louder healthcare environments overwhelming causing them heightened anxiety and stress.

To tackle this, the charity provided **500 sensory bags** for our patients to use and we are proud to say they have been an astonishing success.



Sensory Play



We have been fortunate enough to receive a number of donations the Starlight Foundation, a national charity supporting children's play in healthcare. The sensory equipment donated has provided toys and games, clay, slimes and other items to support sessions at the Beacon Unit and our Children's Physiotherapy Team.



Books For Good have donated a wide range of contemporary books and comics for younger children that we have provided to our Diana Service and the Beacon Unit where the patients were so excited they even made a calming book nook!

Books



Raise a Smile for Christmas Appeal



This year, our Christmas appeal delivered nearly £20,000 worth of festive cheer.

Through the collective generosity of gift-in-kind donors, financial sponsors, and volunteers, we were able to deliver 600 Christmas gifts to 37 inpatient wards across the Trust.

Through the generous donations from organisations, businesses, and individuals, we provided a wide variety of presents to patients including toiletry sets, blankets, toys, colouring books, puzzles games and equipment.

These gifts brought festive cheer to our inpatients and made a such a difference to those staying on our wards during the festive season.





Medical research
to improve our services

Flow Neuroscience Headsets

Following a successful pilot project that the Leicestershire Partnership NHS Trust led on, using Flow Neuroscience headsets as an innovative alternative treatment to depression, our charity reached out to funders to ensure the expansion of this project to further research the impact of the headsets.

We have already secured an incredible £40,970 to purchase **150 headsets** for the crisis mental health service and community services to treat patients with depression and further research the impact on suicide rates.





“We are so grateful to Raising Health for being so instrumental in the Flow Neuroscience appeal. The team helped us bring innovative, non-invasive treatment to patients living with severe depression, offering new hope where it's needed most.”

Research projects

We also support vital health research projects across LPT. These projects help us explore new treatments, improve mental and physical health services, and develop better ways to support patients.



Rehabilitation Services Outcomes Study

We provided £9,400 to fund a research assistant to help study how people progress over time in rehabilitation services and how these can be improved for better patient support.



Research training

We enabled a member of staff to attend the Ethnography for Healthcare Improvement course to support PhD research around experience for patients, carers, and clinicians in community palliative care. This training will strengthen her skills and help improve care for patients with complex needs.



Staff facilities,
wellbeing and education

Staff wellbeing spaces and activities

We joined forces with the Health and Wellbeing team to provide successful initiatives supporting colleagues, funded through Raising Health's Staff Lottery scheme.

One of the priorities of the Health and Wellbeing team is to enhance wellbeing spaces within working areas for staff to relax and recharge.



We have supported the development of a staff room at the Bradgate Unit including new chairs, coffee machines, CD players and wellbeing resources.

We have also supported initiatives such as the Myles App, helping keep staff physically active and the Team Time Out to improve the health and wellbeing of teams.



Awards and celebration events



Raising Health team secures sponsorship to enable two Trust's events for staff and volunteers:

- Long Service Awards
- Celebrating Excellence Awards

These events are a great opportunity to recognise our dedicated staff and committed volunteers. They also bring some fantastic benefits for these business partners who seek some further exposure for their brand. Last year we secured £11,000 of financial and gift-in-kind contributions.



Anniversary Celebrations

💜 Diana Children's services 25th Anniversary

We proudly supported the afternoon tea celebration event as well as obtained a donation of 400 bears from the Build-A-Bear Foundation for the young patients and staff to mark this amazing milestone.



💜 Rutland Memorial Hospital 100th Birthday

The local community showed incredible support for their hospital during the summer event. The celebration not only honoured a century of care but also raised £500 for the hospital.



Engagement

We are **connecting with groups and individuals**, from taking part in opportunities allowing us to raise awareness about the work we do through to supporting our keen fundraisers and donors in their activities.

This year we also **launched our Newsletter** and run the **first-ever Impact Report event** for our committed donors.



Our amazing fundraisers

Liz Roche

Raised £565 towards our 'Bring the light to the Beacon' appeal. She completed The Great North Run in September 2024. Liz said:

"I researched many local charities and feel the work you have and are doing is amazing and effects so many peoples lives in a positive way. Thank you."



Rebecca Kirkbride

Raised £500 towards Diana Service by completing 100k run in December. Rebecca shared:

"Professionally I am involved in supporting the sudden and unexpected deaths that impact school communities. Often the Diana team are front and centre in the support for the families impacted."

START



Engagement events and corporate partnerships

In collaboration with the Health and Wellbeing team, we have delivered a number of joint events.

In November we launched our own networking meetings for businesses: **Mind-fit Workplace** initiative. Linking with business leaders we raised the profile of LPT and Raising Health.

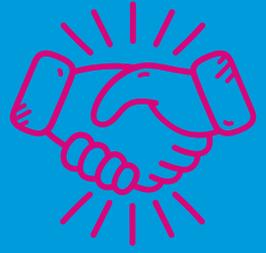


We proactively took part in local **business networking events**, sharing best wellbeing at work place practices and raising awareness of the charity.

We also held 10 **roadshows** to give staff easy access to health and wellbeing expertise, resources, and support.



Partnership with Carlton Hayes Charity



Our longstanding partnership with the Carlton Hayes Mental Health Charity shows the real power of collaboration. Through their generous biannual block funding of £55,000, we've been able to deliver over 40 grassroots projects in the past year- reaching more than 5,000 patients across our Trust.

This year, through this funding we have delivered a number of projects including art and music sessions, murals co-creation with patients, cultural activities, adventure therapy, days out, and much needed equipment to use across mental health set ups.



Making a difference

Magdalena Korytkowska Fundraising Manager



This year has shown me just how much can be achieved when we work together with compassion, creativity, and care. At Raising Health, we've brought new visions to life so patients and staff at our Trust can feel the benefit of our support.

Our achievements show what's possible when everyone plays a part: from sparking ideas, launching fundraising appeals and engaging with donors, to collaborating with our LPT colleagues and suppliers, and finally celebrating the impact of each project.

We may be a small team, but we are mighty, facing the challenges affecting the third sector and health organisations with determination and focus. That's why we're committed to keep Raising Health strong, sustainable, and ready for the needs of tomorrow. We are deeply grateful to all our supporters for being part of our story.

We make a difference, together.

Thank you supporters

Trusts and Foundations

- ASDA Foundation
- Attitude Foundation
- Blaby District Council
- Carlton Hayes Charity
- Charity Link
- Clockwise Credit Union
- Duncan and Toplis Foundation
- E H Smith Charitable Trust
- Forterra Fund
- Florence Turner Trust
- Himmat Tanna Trust
- Hobson Charity
- Hospital Saturday Fund
- J R Corah Foundation
- L&R Masonic Foundation
- Maud Elkington Trust
- Morrisons Foundation
- Next Giving
- One Stop Community Fund
- Paul Cottingham Trust

- Schreier Foundation
- Sport England
- Westfield Health Trust

Businesses

- Amazon Hinckley
- Browne Jacobson
- Capsticks
- Fusion Electrics
- HCRG
- Myles
- Pukka
- Thomas Cassie & Sons
- Tilbury Douglas
- Tusker and CPC Drive



Gift in Kind Donors

- Amazon Hinckley
- 🌊 Build-A-Bear Foundation
- 🦋 Cubiquity Limited
- Dunlem
- 🌊 Get Well Gamers
- 🦋 Giving World
- Leicester City Football Club
- 🌊 Next Giving
- Read A Book Foundation
- 🌊 Starlight Foundation
- 🦋 Taylors Florist
- Scentered

Volunteering

- Amazon Hinckley and Rugby
- 🌊 Leicester College

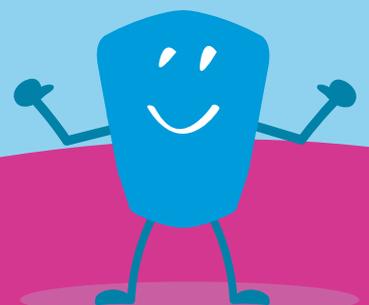


How you can help



Please consider supporting us today. Your kindness and generosity enables us to offer local patients the **best services and care**. We would be very grateful for **any contribution** to add to our existing fundraising targets. If you require any further information, please do not hesitate to get in touch.

-  Financial contributions towards general work of the charity or specific appeals
-  Sponsorship opportunities
-  Organising your own fundraising activities
-  Awareness raising and volunteering
-  Gifts in Kind



Raising Health

www.raisinghealth.org

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Raising Health is a registered charity within England and Wales.
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