RAISING HEALTH

ANNUAL REPORT

2018-2019

REGISTERED CHARITY (Number 1057361)

















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Foreword by the Chair of the Trustees of Raising Health

Welcome to our Annual Report for 2018-19. We are a trustee body independent from the management of the Leicestershire Partnership NHS Trust but work with them in partnership for the benefit of NHS patients and service users from Leicester, Leicestershire and Rutland.

As a Charity, we have a clear mission:

"To support excellent care initiatives, equipment and innovations which go above and beyond core NHS provision to enhance the experience of our patients, service users and staff."

We exist to provide resources and facilities to our patients, service users and staff across our many different services. We are there to make life better, by providing the extra things that the NHS isn't obligated to provide, but which can make a big difference to patients, service users and staff. This year through donations, legacies, fundraising appeals and investments, we have raised a total of £25,000. Many fundraising activities have been undertaken by our own staff, including the Virgin Money London Marathon, NHS Cup 5 a side football tournament and the Leicester Marathon, which saw 27 dedicated runners braving possibly the wettest day in 2018 to raise more than £7,500 for the Diana Children's Community Service 20th Anniversary Appeal. Our staff lottery celebrated its first year of operation in June 2018 supporting health and wellbeing initiatives for our staff. We also continue to utilise our existing funds to help ensure we can support as many causes as possible. Next year we are committed to supporting £240,000 worth of schemes to benefit staff, patients and service users. Two of the bigger projects we have supported this year include:

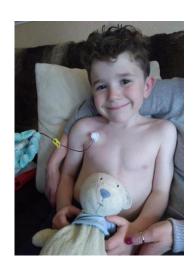


Patient Gym at Bradgate Mental Health Unit - £30k

A generous legacy donation to the Bradgate Unit allowed us to fulfil a long held ambition to move the patient's gym to more suitable accommodation. The new gym is more than twice the size, has airconditioning, appropriate flooring, garden views and has meant the popularity of gym sessions has continued to grow.

Diana 20th anniversary appeal - £22k

A year's worth of fundraising challenges saw marathon runners, cake sales, £10k grant funding, support from Wistow Maze, Wistow Music Festival, a 3 Peaks hike, and sponsorship from local businesses to exceed the fundraising total set for this appeal. It has enabled us to fund equipment to support poorly children and enhance our palliative care service with end of life kits, memory making activities and port-a-cath simulation dolls to help children like Elliott pictured here to overcome their fears about having invasive procedures.





Some of the other projects that we have supported are:

- Environmental improvements for patients and staff including a therapy garden in Hinckley and staff gardens at Westcotes and the Valentine Centre
- Sanctuary Room on Aston Ward at the Bradgate Mental Health Unit
- On-ward activities and day trips for young people on the CAMHS ward
- Music sessions and drama workshops on wards
- Arts projects which involve patients on our Community Hospital wards, the Bradgate Unit and Westcotes House for young person's mental health.

Your donations make this work possible and your future donations are the key to our continued success. Following the rebranding of our charity to 'Raising Health' in 2016/17 we have developed a new website for our charity which went live in 2018/19. This has raised the profile of our charity, enabling us to generate more funds and ensure that we can secure the future of our charity and help more people. I hope that like me, you will be inspired by our plans to help enhance the care provided by Leicestershire Partnership NHS Trust and want to be a part of our story. If you would like to read more about our current appeals or donate you can do so at www.raisinghealth.org.uk. Please support us, every pound counts. Thank you.

Cathy Ellis Chair

17 December 2019



Administrative Details

Name of Charity Raising Health

Registered Charity No 1057361

Address of Charity Raising Health

Leicestershire Partnership NHS Trust

Bridge Park Plaza Bridge Park Road Thurmaston Leicester

Bankers The National Westminster Bank Plc

LE4 8PQ

Leicester Hinckley Road Branch

7 Hinckley Road Leicester LE3 0TQ

Investment Managers Sarasin & Partners LLP

Juxon House

100 St. Paul's Churchyard

London EC4M 8BU

External Examiner 360 Assurance Internal Audit Services

Room 115A

Gwendolen House Gwendolen Road

Leicester LE5 4QF

Who We Are

Raising Health is an independent registered charity (registered number 1057361). We exist to raise funds and receive donations for the benefit of the patients and service users of Leicestershire Partnership NHS Trust (LPT). LPT provides physical and mental health care to people of all ages in their own homes, in community settings, and in our inpatient units and hospitals.

Donations received by Raising Health can fund equipment, projects and innovations which go above and beyond NHS core provision to make a real difference to the people cared for by LPT in Leicester, Leicestershire and Rutland, and the staff who look after them.

We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.



Our Vision

Through fundraising and careful management of our existing funds, Raising Health is able to make grants to LPT's services in order:

"To support excellent care initiatives, equipment and innovations which go above and beyond core NHS provision to enhance the experience of our patients, service users and staff."

Grants are made in accordance with charity legislation, our constitution and the wishes and directions of donors. During the year grants totalling £250,000 were utilised and a further £240,000 committed as at 31 March 2019.

Our Aims

Our key aim is to serve the NHS patients and service users of LPT for the public benefit. We put this aim into practice by helping patients, service users, their families and carers by:

- Enhancing the care LPT services can offer through the purchase of new equipment and building improvements to deliver better care facilities
- Funding innovations in practice and therapeutic activities which enhance the care given to our patients and service users
- Funding medical research to understand better the diseases affecting our population today so that we can develop the treatments and therapies of tomorrow
- Improving staff facilities, services that promote staff well-being, and education of staff over and above what would normally be provided by the NHS.

How we are funded

The following figures are taken from the full accounts (included at the back of this report). An independent examination of the accounts has been undertaken by the Trust's internal auditors. The full accounts, titled Raising Health Charity Accounts 2018/19, have also been lodged with the Charity Commission. This section of the Trustees' annual report comments on key features of those accounts. In this section we firstly explain how we raised the money and then how we spent it.

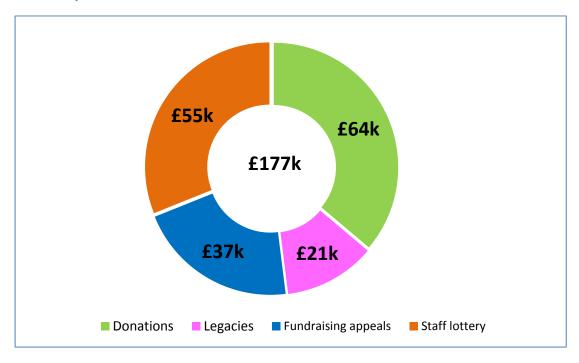
Sources of Funds

Raising Health Charitable Funds can only continue to support the work of Leicestershire Partnership NHS Trust for as long as we receive money to do so. Almost all of our income comes from the voluntary efforts of both our staff and the general public. Overall we ended the year having received £177,000, before the performance of our investments was taken into account.

The vast majority of our income was received from staff and members of the public. The Charity received four legacies during the year.



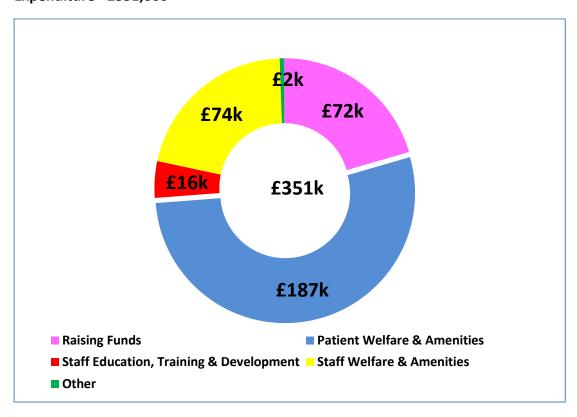
Voluntary Income Received - £177,000



What we spent our Funds on

All of our funds are spent through grants to Leicestershire Partnership NHS Trust. The graph below highlights the main areas of spends.

Expenditure - £351,000





Raising Funds

We spent a total of £72,000 (2017-18: £96,000) on raising funds. This largely relates to spend on our fundraising manager and investment management fees. The previous year's expenditure was higher as it included the procurement of the new charitable funds website.

Patient Welfare and Amenities

Patients' welfare grants totalled £187,000 (2017-18: £296,000) and included the following items of expenditure: Medical equipment; furniture, furnishings and gardening improvements to enhance the patient and staff environment; televisions, entertainment and patients' social activities. 2018/19 was the Charity's final year's contribution towards the Asset Based Community Development Project – this initiative facilitated the signposting of support available within networks in the community.

Staff Education, Training and Development

Staff education, training and development spending of £16,000 (2017-18: £52,000) assisted with facilitating research projects and funding staff training courses, to further educate and equip staff with relevant skills. The Research spend has reduced due to completion of some projects.

Staff Welfare and Amenities

Staff welfare grants totalled £74,000 (2017-18: £45,000) which enabled amenities to be provided to Trust employees. This also includes the cost of lottery prizes to staff.

Other Costs

Other grants totalled £2,000 (2017-18: £5,000).

Individual fund managers are responsible for the day to day management of charitable funds, and the trustee relies on the fund managers to ensure the effective use of those charitable funds earmarked for their clinical area or activity, by applying their local or specialist knowledge.

Structure, Governance and Management of Our Funds

The Charity was created by Trust Deed on the 10th July 1996 and was named as the Leicestershire Health Authority Charitable Fund.

On the 8th April 2004 the Charity was renamed as the Melton, Rutland Harborough PCT Umbrella Fund.

On 8th May 2007 the name of the Charity was formally changed in the governing document by a Supplemental Deed of Declaration to Leicestershire County and Rutland PCT Umbrella Fund.

On 22nd December 2011 the name of the Charity was formally changed via a Statutory Instrument 'Transfer of Trust Property' Order, from Leicestershire County and Rutland Primary Care Trust Charitable Fund to Leicestershire Partnership NHS Trust Charitable Fund.



Due to Transforming Community Services (TCS) community hospitals transfer from 1 April 2011 and the demise of the Primary Care Trust on 31st March 2013, Trustee arrangements transferred from Leicestershire County and Rutland Primary Care Trust (LCR PCT) to Leicestershire Partnership NHS Trust (LPT).

During 2016/17 to increase the profile of the charity and to generate even more funds, the Charity changed its name to Raising Health.

Corporate Trustee

The Corporate Trustee of the Charity is the Leicestershire Partnership NHS Trust. The Executive Directors and Non-Executive Directors of the Trust Board share the responsibility for ensuring that the NHS body fulfils its duties as Corporate Trustee in managing the charitable funds.

Non-Executive Directors are appointed by NHS Improvement. The Chief Executive and Executive Directors are appointed by the Board of the Trust. The Directors who served Leicestershire Partnership NHS Trust (the Corporate Trustee as at 31st March 2019) were as follows:

Non-Executive Directors

- Cathy Ellis, Chair
- Dr Claire Gibson, Non-Executive Director (up to 31/07/2018)
- Professor Kevin Harris, Non-Executive Director (appointed 17/09/18)
- Faisal Hussain, Non-Executive Director
- Darren Hickman, Non-Executive Director
- Elizabeth Rowbotham, Non-Executive Director
- Ruth Marchington, Non-Executive Director
- Geoff Rowbotham, Non-Executive Director

Executive Directors (including Non-voting Executive Directors*)

- Dr Peter Miller, Chief Executive
- Sharon Murphy, Interim Director of Finance, Business & Estates (up to 31/05/2018)
- Dani Cecchini, Director of Finance, Business & Estates (appointed 01/06/2018)
- Adrian Childs, Chief Nurse/Deputy Chief Executive (up to 31/12/18)
- Dr Anne Scott, Interim Chief Nurse (from 01/01/19)
- Dr Satheesh Kumar Gangadharan, Medical Director (up to 30/04/18)
- Dr Saquib Muhammad, Interim Medical Director (01/05/18 30/09/18)
- Dr Sue Elcock, Medical Director (appointed 01/10/18)
- Sarah Willis, Director of HR & Organisational Development
- Rachel Bilsborough, Community Health Services Divisional Director*
- Helen Thompson, Adult Mental Health, Learning Disabilities and Families Young
 People and Children's Divisional Director*



Charitable Funds Committee

The Board of the Trust, on behalf of the Corporate Trustee, has delegated its responsibility for managing the charitable funds to the Charitable Funds Committee, which is a formal subcommittee of the Trust Board.

All Trustees undertake a formal induction programme when appointed into the Trust. Several of the Committee members have also previously been involved in the management of other charities outside of the Trust.

The Charitable Funds Committee reviews the performance of the external investment managers and monitors the consistency of the investment of funds with its policy on ethical investment, for example by avoiding investments in industries detrimental to the objective of improving health and healthcare. The Committee approves the appointment and terms of the investment managers and approves items of expenditure which exceed the delegated limits of Fund Managers.

The membership of Raising Health Charitable Fund Committee as at 31st March 2019 was as follows:

Leicestershire Partnership NHS Trust Charitable Fund Committee

- Cathy Ellis, Chair Chair and Trustee
- Geoff Rowbotham, Non-Executive Director Trustee
- Sharon Murphy, Deputy Director of Finance, Business & Estates Trustee
- Frank Lusk, Trust Secretary Trustee
- Jackie Moore, Financial Controller Advisor to the Committee
- Lindsay Woodward, Fundraising Manager Advisor to the Committee

Tenure of office for Trustees is under regular review by the Chair of the Charitable Funds Committee to ensure a refreshed membership at appropriate intervals. For Non-Executive Directors Trustees the Chair of the Trust Board approves the change, and it is recorded in the Charitable Funds Committee meeting minutes. For Senior Manager Members the Director of Finance, Business and Estates of the Trust approves the nomination and again it is recorded in the minutes of the meeting that follows any decision.

Fund Management

The Charity holds designated (earmarked) funds relating to particular wards and departments. We manage spending through local fund managers who are allocated part of or the entire total fund to spend in accordance with agreed authorisation limits. Fund managers for each of the designated funds manage these funds on a day-to-day basis within the standing financial instructions and standing orders, and powers of delegated authority, set by the Corporate Trustee. The Trustees oversee the work of the fund managers and has the power to revoke a fund manager's remit or, subject to any specific donor restriction, direct the use to which funds are put.



The Director of Finance, Business and Estates is responsible for the day-to-day management and control of the administration of the charitable funds. The Director of Finance, Business and Estates has particular responsibility to ensure that the spending is in accordance with the objectives and priorities agreed by the Charitable Funds Committee and the Board; that the criteria for spending charitable monies are fully met; that full accounting records are maintained; and that devolved decision making or delegated arrangements are in accordance with the policies and procedures set out by the Board on behalf of the Corporate Trustee.

Public Benefit

All charities must demonstrate how funds are used for the public benefit. We use our funds to purchase equipment, enhance patient and staff well-being and support staff development. All of these activities directly or indirectly benefit members of the public, and the fund expenditure falls within its charitable purposes.

The Trustees have complied with the public benefit requirements in chapter 1 (section 4) of the Charities Act 2011, when deciding what activities the charity should undertake.

Risk Management

Any major risks that we are exposed to have been identified and considered by the Trustees and systems have been established to mitigate these risks. The Charitable Funds Risk Register is reviewed at the start and close of each Charitable Funds Committee meeting. Controls and actions are in place to manage all identified risks.

We have appointed specialist investment managers who are responsible for generating a return on our capital investments. We have instructed them to invest in relatively low risk items for a moderate return. While there is still the potential for losses on our investment, this is greatly mitigated by the types of funds our investments are exposed to, and the experience of our investment managers.

Related Parties

Raising Health works closely with, and provides the entirety of its grants to Leicestershire Partnership NHS Trust.

Although the Trustees are careful to consult with representatives of LPT's services through their committee meetings and other, less formal contacts, they retain their independence to act in the best interests of Raising Health and the charity's beneficiaries.

Our Relationship with the Wider Community

Our ability to continue vital support for Leicestershire Partnership NHS Trust is dependent on our ability to maintain and increase donations from the general public and corporate partners. We also continue to forge strong relationships with members of LPT staff without whose co-operation the ability to make an effective contribution would be much diminished.



Close links are also maintained with individual community hospital Leagues of Friends and associated voluntary organisations. We are pleased to work with these organisations and value their support.

We also work closely with the Carlton Hayes Charity. This is an established local Charity that assists and supports mental health service users.

Financial Review

We utilise both our existing funds and income raised during the year to support our grant costs. During the year our overall fund value decreased by £52,000. This movement comprised of income received of £250,000 offset by expenditure of £351,000. In addition there was a net investment gain of £49,000. The closing fund value was £1,683,000, as shown in the Financial Position table. Prior year balances are shown for comparison purposes.

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2018-19 £000	Total Funds 2017-18 £000
Incoming Resources				
Incoming Resources	477	0	477	454
Voluntary income	177	0	177	151
Investment income	73	0	73	74
	250	0	250	225
Expenditure				
Charity expenditure	(351)	0	(351)	(494)
	(351)	0	(351)	(494)
Other Movements				
Net Gains / (Losses) on Investments	49	0	49	(1)
Net Expenditure	(302)	0	(302)	(495)
Gross transfers between funds	0	0	0	0
Net Movement in Funds	(52)	0	(52)	(270)
Funds brought forward	1,734	1	1,735	2,005
Total Funds Carried Forward	1,682	1	1,683	1,735

We are indebted to the generosity of patients, their families and carers, well-wishers, staff and friends who have all donated so generously to the work of the Charity.

How we Manage Money

Grant Making Policy

Raising Health fulfils its charitable objectives through making grants to services within Leicestershire Partnership NHS Trust.



With the exception of one restricted fund (with a fund value of £1,000), all of our funds are unrestricted. Unrestricted Funds are sub-analysed between Designated Funds, where the Trustees have set aside amounts to be used for specific purposes often reflecting the non-binding wishes of the donors, and Unrestricted Funds, which are applicable for any purpose at the Trustees discretion.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as an endowment fund; where the donor has expressly provided that only the income of the fund may be spent on charitable activities, or as a restricted income fund; where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds, where the capital is held to generate income for charitable purposes, are sub-analysed between those where the Trustees have the discretion to spend the capital, expendable endowment, and those where there is no discretion to expend the capital, permanent endowment. We currently have no endowment funds.

This year we made grants of £279,000 (including administrative support costs) representing 79% of total charitable expenditure. In making grants, the Trustees require that the activity falls within the objects of the Charity, that the grant request is supported by a partner NHS body, and that the funds are available to meet the request. Where funds are under the day to day management of a fund holder, the fund holder may incur any expenditure, subject to the authorised expenditure limits, provided the expenditure falls within the objects of the fund. Expenditure should also be a reasonable charge to charitable funds and be in furtherance of the objects of the Charity.

Reserves Policy

Reserves are part of the charity's income fund that is freely available to spend e.g. unrestricted funds. They do not form part of the unrestricted funds that are classed as designated (i.e. funds that reflect non-binding donor preferences), or the £1,000 restricted fund.

As a charity we need to think about uncertainties we may face in the future and the need to hold some reserves to meet unexpected calls on funds or opportunities that may present themselves. With this in mind the Trust has set a reserves threshold of £100,000; this covers the anticipated annual administration and governance costs for next year

Our Investments

The Trustees have invested the majority of funds with the objective of maximising return while being exposed to only low levels of risk. The Charity does not have an active input into the structure of their investments, leaving this to the experienced fund managers. However, we have specified that funds must not be invested in companies that have more than 10% of their turnover from: Alcohol Manufacture, Armaments, Gambling, Pornography and Tobacco.

The Trustees view investments into these areas listed above as being contradictory to the aims of Leicestershire Partnership NHS Trust. Our investment managers Sarasin & Partners provide quarterly reports to the Trustees who monitor their performance.



Fundraising Activities & Future Plans

In order to progress as a charity, we need to attract greater levels of public support and donations. Building on the Fundraising Strategy, a rolling 3-Year Business Plan has been developed for the charity. Fundraising appeals for each clinical division are identified and are the focus of fundraising efforts, with the aim of generating £600,000 by March 2022 (including donations and legacies).

We know that for our charity to be a success we need to continue to invest. We recently procured a dedicated Raising Health website to further enhance the profile of the charity in the local community and with our staff. The website will help potential supporters to understand how they can support their local NHS, allow direct donations and demonstrate how donations to Raising Health have benefited local people. The website went live at the end of 2018/19 and can be found at www.raisinghealth.org.uk

A Formal Vote of Thanks

The Corporate Trustee would like to thank all patients, relatives and staff who have given legacies and made charitable donations to Raising Health this year. These donations have enriched the care provided by LPT and improved the working lives of LPT staff. Special thanks to our fundraisers who do so much to encourage others to support our appeals and the work of LPT.

Having read all about us, please consider supporting the work of LPT Charitable Fund

The challenge facing Raising Health in the future is to maintain and grow support so we can continue to make a difference to local people being cared for by Leicestershire Partnership NHS Trust.

What could your donation buy?

£1	could buy	Play therapy art materials for terminally ill children
£10	could buy	A reminiscent cd or dvd for our dementia patients
£30	could buy	A Play Station game for our adult mental health wards
£400	could send	A nurse, doctor or therapist on a training course
£1,000	could buy	A specially adjustable bed for a ward
£5,000	could adapt	A vehicle for patient transport
£10,000	could refurbish	A non-clinical patient area, such as a patient gym
£50,000	could support	A researcher for a year

If you would like to make a donation or support any of our fundraising activities, please give us a call on 0116 295 0889.

Signed:

Name: Cathy Ellis Date: 17th December 2019



Statement of Trustees' Responsibilities

Under the trust deed of the charity and charity law, the trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. The trustees have elected to prepare the financial statements in accordance with UK Accounting Standards, including FRS 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland.

The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period. In preparing these financial statements, generally accepted accounting practice entails that the trustees:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards and the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- State whether the financial statements comply with the trust deed [and rules], subject to any material departures disclosed and explained in the financial statements;] and
- Assess the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and
- Use the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

The trustees are required to act in accordance with the trust deed [and the rules] of the charity, within the framework of trust law. They are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by them under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. They are responsible for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial and other information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

By Order of the Trustees

Signed:

Chair

Date: 17th December 2019

Trustee

Date: 17th December 2019



Independent Examiners' Report

Independent Examiners' Report to the Trustees of Leicestershire Partnership NHS Trust Charity 'Raising Health' (Charity Reference number 1057361)

I report on the financial statements of Leicestershire Partnership NHS Trust Charity 'Raising Health' (the Charity) for the year ended 31 March 2019, which are set out on pages 18 to 32.

Respective responsibilities of trustees and examiners

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

Having satisfied myself that the Charity is not subject to audit and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to our attention.

Your attention is to drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn. We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

This report has been prepared for and only for the trustees as a body in accordance with section 145 of the Charities Act 2011 and the regulations made under section 154 of the Charities Act 2011 (Regulation 31 of The Charities (Accounts and Reports) Regulations 2008) and for no other purpose. I do not, in making this report, accept or assume responsibility for any other purpose or to any other person to whom this report is shown or into whose hands it may come save where expressly agreed by our prior consent in writing.

Basis of independent examiners' report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiners' statement

In connection with our examination, no material matters have come to our attention which gives us cause to believe that, in any material respect:

- the accounts were not kept in accordance with section 130 of the Charities Act 2011; and
- the accounts did not accord with the accounting records;



• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

We have no concerns and have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Glynis Onley ACMA, CPFA
For and on behalf of 360 Assurance
Room 115A
Gwendolen House
Gwendolen Road
Leicester
LE5 4QF

23 December 2019



2018-19 Annual Accounts

Statement of Financial Activities for the year ended 31st March 2019

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2018/2019 £000	Total Funds 2017/2018 £000
Incoming Resources					
Voluntary Income					
Donations	3.1	64	0	64	30
Legacies	3.1	21	0	21	43
Fundraising Appeals	3.1	37	0	37	38
Lottery	3.1	55	0	55	40
Investment income	3.2	73	0	73	74
Total Incoming Resources		250	0	250	225
Resources Expended					
Cost of raising Funds	4	(72)	0	(72)	(96)
Charitable activities:	7	(12)	U	(12)	(90)
Patient welfare and amenities	5	(187)	0	(187)	(296)
Staff education, training & development	5	(16)	0	(16)	(52)
Staff welfare and amenities	5	(74)	0	(74)	(45)
Other (including building maintenance)	5	(2)	0	(2)	(5)
Total Expended		(351)	0	(351)	(494)
		, ,		,	, ,
Net Gains / (Losses) on Investments	3.3	49		49	(1)
Net Income / (Expenditure)		(52)	0	(52)	(270)
Gross transfers between funds	18	0		0	0
Net Movement in funds		(52)	0	(52)	(270)
Reconciliation of Funds Total Funds brought forward		1,734	1	1,735	2,005
Total Funds carried forward		1,682	1	1,683	1,735



Balance Sheet as at 31st March 2019

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2018/2019 £000	Total Funds 2017/2018 £000
Fixed Assets Investments	10	1,666	1	1,667	1,768
Total Fixed Assets		1,666	1	1,667	1,768
Current Assets Debtors Cash at bank and in hand	11 13	0 131		0 131	37 89
Total Current Assets		131	0	131	126
Liabilities Creditors falling due within one year	14	(115)		(115)	(159)
Net Current assets or liabilities		16	0	16	(33)
Net assets or liabilities		1,682	1	1,683	1,735
Funds of the charity Restricted income funds Unrestricted funds	19 19	1,682	1	1 1,682	1 1,734
Total charity funds		1,682	1	1,683	1,735

The notes at pages 21 to 32 form part of these accounts

Signed:

Name: Cathy Ellis

Date: 17th December 2019



Statement of Cash Flows for the year ending 31st March 2019

	Note	Total Funds 2018-19 £'000	Total Funds 2017-18 £'000
Cash flows from operating activities:			
Net cash provided by (used in) operating activities Cash flows from investing activities:	17	(181)	(409)
Dividends, interest and rents from investments	3.2	73	74
Proceeds from the sale of investments		150	350
Purchase of investments		0	0
Net cash provided by (used in) investing activities		223	424
Change in cash and cash equivalents in the reporting period		42	15
Cash and cash equivalents at the beginning of the reporting period		89	74
Change in cash and cash equivalents due to exchange rate movements		0	0
Cash and cash equivalents at the end of the reporting period	13	131	89



Notes to the Accounts

1. Accounting Policies

a) Basis of Preparation

The financial statements have been prepared on a going concern basis, under the historic cost convention, with the exception of investments, which are included at market value.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The Trustees consider that there are no material uncertainties about the Charities' ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

b) Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the Trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 that a restatement of comparative items was needed. No restatements have been applied to these accounts.

c) Funds Structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as an endowment fund; where the donor has expressly provided that only the income of the fund may be spent on charitable activities, or as a restricted income fund; where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds, where the capital is held to generate income for charitable purposes, are sub-analysed between those where the Trustees have the discretion to spend the capital; expendable endowment, and those where there is no discretion to expend the capital; permanent endowment. The charity currently has no endowment funds.

Unrestricted Funds are sub analysed between Designated Funds, where the Trustees have set aside amounts to be used for specific purposes often reflecting the non-binding wishes of the donors, and Non-Designated Funds, which are applicable for any purpose at the Trustees discretion.



Balance of Funds as at 31st March 2019

Analysis of Funds	2018-19 £'000	2017-18 £'000
Restricted	1	1
Unrestricted		
Designated	1,208	1,266
Non - Designated	474	468
Unrestricted total	1,682	1,734
Total Funds	1,683	1,735

All funds are unrestricted except for one individual fund - the Amanda Pickett Memorial Fund (fund number: 10001) with a value of £1,009 as at 31st March 2019.

d) Incoming Resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

e) Incoming Resources from Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the estate(s) that payment of the legacy will be made or property transferred, once all conditions attached to the legacy have been fulfilled, and if there are sufficient assets remaining once all liabilities have been settled, and when it is probable that the amount of incoming resources is known.

Any material legacies, including those that have been notified but not recognised as incoming resources in the Statement of Financial Activities are disclosed in a separate note to the accounts with an estimate of the amount receivable (note 16).

f) Incoming Resources from Endowment Funds

The charity currently has no endowment funds.

g) Resources Expended and Irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement



• The amount of the obligation can be measured or estimated reliably Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

h) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment. A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The Trustees have control over the amount and timing of grant payments and consequently where approval has been given by the Trustees and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

i) Allocation of Overhead and Support Costs

Overheads and support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support.

Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 4.

j) Fundraising Costs

The costs of generating funds are those costs attributable to generating income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objects. The costs of generating funds represent fundraising costs together with investment management fees.

k) Charitable Activities

Costs of charitable activities comprise of all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total



costs of each category of charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 4.

I) Fixed Asset Investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Trust does not acquire put options, derivatives or other complex financial instruments. The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

m) Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount. Information on the Charity's debtors can be found in note 11.

n) Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts. These are shown in note 13.

o) Creditors

Creditors are amounts owed by the charity. They are measured at the amount the charity expects to have to pay to settle the debt. The Charity's current liabilities are shown in note 14. Amounts which are owed in more than a year are shown as long term creditors.

p) Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and market value at the beginning of the quarter the disposal takes place (or purchase date, if later). Unrealised gains and losses are calculated as the difference between the carrying value at the year end and opening market value (or purchase date if later). Investment gains and losses are detailed in note 3.3.

q) Pensions

The Charity does not directly employ any staff and therefore does not have any salary or pension costs. The staffing costs included in the charity's support costs and overheads, are recharged on a quarterly basis from the Corporate Trustee, Leicestershire Partnership NHS Trust.

r) Critical Accounting Judgements

The Charity has made no critical accounting judgements in the reported financial period.



2. Related Party Transactions

The charity has made revenue and capital payments grants to Leicestershire Partnership NHS Trust to the value of £351,000 as detailed in note 5. Other than these payments, there have been no transactions between the charity and the Trust.

Board members of the Corporate Trustee and members of the Charitable Funds Committee ensure that the business of the charity is dealt with separately from that associated with exchequer funds for which they are also responsible. Declarations of personal interest are made, where appropriate, and those declarations pertaining to the funds held on trust are available for public inspection by application through the relevant Trusts.

The Corporate Trustees did not pay expenses to any member of the Leicestershire Partnership NHS Trust Board or to any member of the Charitable Funds Committees, and members did not receive any honoraria or emoluments from charitable funds in the year.

3. Income

3.1. Voluntary income

				2017-18	
	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000		Total Funds £'000
Voluntary Income					
Donations	64	0	64		30
Legacies	21	0	21		43
Fundraising appeals	37	0	37		38
Staff lottery	55	0	55		40
Total	177	0	177		151

3.2. Income from Investments and Dividends

	2018-19			2017-18
	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000	Total Fund
Investment Income				
Quoted Investments (Dividends)	73	0	73	74
Total	73	0	73	74



3.3. Realised & Unrealised Investment Gains / Losses

		2018-19				
	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000	Total Funds £'000		
Gains/(losses) on Investments						
Realised (upon disposal)	14	0	14	44		
Unrealised	35	0	35	(45)		
Total	49	0	49	(1)		

4. Analysis and allocation of Support Costs and Costs of Raising Funds

Support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are those support costs which relate to the strategic and day to day management of a charity.

The bases of allocation used are as follows:

- Time: based on the time spent on a specific task by staff
- Direct allocation: where a cost is wholly attributable to a particular activity
- Expenditure: this is a proportion based spend on a particular activity

Costs of raising funds are those expenses concerned with the charities ability to generate new funds.

4.1 Support Costs and Costs of Raising Funds

	2018-19				2017-18	
	Raising Funds £'000	Support Costs £'000	Total £'000	Raising Funds £'000	Support Costs £'000	Total £'000
Governance Costs						
Ext Audit Fees	0	0	0	3	2	5
Int Audit Fees	3	3	6	2	1	3
Finance Staff	1	3	4	1	3	4
Overheads						
Investment Management	13	0	13	14	0	14
System license & Support	0	0	0	2	6	8
Finance Staff Costs	2	21	23	1	20	21
Fundraising Manager	49	0	49	47	0	47
Lottery Manager	0	0	0	10	0	10
Fundraising Costs	2	0	2	3	0	3
Website	2	0	2	14	0	14
Total	72	27	99	96	32	128



4.2 Allocation to Charitable Activities

	Unrestricted	Total	Total
	Funds	2018-19	2017-18
	£'000	£'000	£'000
Raising Funds	72	72	96
Support Costs	27	27	32
Total	99	99	128

Allocation of cost is made on the basis of activity for each fund. As there was no activity relating to restricted funds for this financial year all costs have been allocated to unrestricted funds.

5. Analysis of Charitable Expenditure

The charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding.

In 2018/19 all grants were made to Leicestershire Partnership NHS Trust. The Corporate Trustee operates a scheme of delegation, through which all grant funded activity is managed by fund managers responsible for the day to day disbursements on their projects, in accordance with directions set out by the Trustees in charity standing orders and financial instructions. The charity does not make grants to individuals. The total cost of making grants is disclosed on the face of the Statement of Financial Activities and the actual disbursement for each category of charitable activity is disclosed in note 5.

Expenditure commitments of £240,000 as at 31st March 2019 have not been recognised as a liability or provision. These commitments mainly relate to Research and Development projects, lease vehicles to enable social events for rehabilitation service users, medical equipment and future running costs of the charity. Expenditure linked to these commitments will be incurred in 2020/21. There are no performance related conditions attached and all commitments are funded from donations, legacies or investment gains already recognised in the accounts.

Charitable Activities

	Grant Funded Activity	Support Costs	Raising Funds Costs	2018-19 Total	2017-18 Total
	£000	£000	£000	£000	€000
Patients welfare and amenities Staff welfare and amenities	171 66	16 8	43 22	230 96	338 79
Staff education, training & development	14	2	5	21	68
Other (inc building maintenance)	1	1	2	4	9
Total	252	27	72	351	494



6. Trustees' Remuneration, benefits and expenses

The Charity Trustees give their time freely and receive no remuneration for the work that they undertake as Trustees.

7. Analysis of staff costs and remuneration of key management personnel

	2018-19 £'000	2017-18 £'000
Salaries Social Security Costs Employers Pension Contributions	66 6 9	65 7 9
Total	81	81

The average number of full time equivalent employees during the year was 2.3 (2017-18: 2.2) with all employees involved in providing support services to charitable activities or the governance of the charity.

The Charity considers its key management personnel to be the Trustees and the Charitable Funds Manager. The total employment benefits including employer pension contributions of the key management personnel was £81,000 (2017-18: £81,000). No employees received employee benefits (excluding employer pension costs) of more than £60,000.

8. Role of Volunteers

As with most charities we rely on a group of committed volunteers to ensure we continue to meet our objectives. Our volunteers perform 2 main roles for the charity:

- Fund Managers these are members of LPT staff who manage and monitor spends
 against the charity's designated funds. Each fund manager has delegated powers to
 spend against the designated funds which they manage. The Trustees determine what
 each fund can be spent on and allow fund holders to spend up to a limit of £500
 without additional approval from Trustees.
- **Fundraisers** the charity has an ever increasing number of fundraisers who freely give their time to raise funds for their chosen cause.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

9. Auditors Remuneration

The accounts examination fee, undertaken by Internal Audit was £2,750 (2017/18 £4,242). The reduction in fee relates to 2018/19 being the first year an examination of the accounts has been undertaken. In previous years a full annual accounts audit was carried out by KPMG, the Trust's external auditors.



10. Fixed Asset Investments

	2018-19 £'000	2017-18 £'000
Market value brought forward Add: additions to investments at cost Less: disposals at carrying value Add net gain (loss) on revaluation	1,768 0 (136) 35	2,119 0 (306) (45)
Market value as at 31 March 2019	1,667	1,768

The following individual shareholdings or investments are considered individually to be material with the market values and proportion of the portfolio shown as at 31st March 2019:

	2018-19 £'000	2017-18 £'000
UK Equities	332	338
Global Equities	786	814
Alternate investments	75	131
Fixed Income	232	260
Property	156	186
Liquid Assets	86	39
Market value as at 31 March 2019	1,667	1,768

11. Analysis of Current Debtors

Debtors due in less than one year	2018-19 £'000	2017-18 £'000
Accrued Income	0	37
Total	0	37

The previous year's accrued income related to a legacy receipt from a property sale (£33k) and one month's lottery proceeds (£4k).

12. Analysis of Current Assets: Short Term Investments and Deposits

The charity did not hold any short term investments and deposits in either 2018/19 or 2017/18.



13. Analysis of Current Assets: Cash at Bank and in Hand

Cash	2018-19 £'000	2017-18 £'000
Cash at bank - current account Cash in hand	131 0	89 0
Total	131	89

14. Analysis of Current Liabilities

Creditors under 1 year	2018-19 £'000	2017-18 £'000
Accruals	115	159
Total	115	159

The accruals of £115,000 mainly represent the sum owed by the charity at the end of the year to a related party – Leicestershire Partnership NHS Trust, for costs incurred by the Trust on behalf of the charity for the furtherance of its aims and objectives (£112,000). The remaining accrual relates to the charity's investment management fee for Quarter 4 (£3,000).

15. Provisions for Liabilities and Charges

There were no provisions made in the current or previous year and all the grants payable have been paid or accrued.

16. Legacies

Four legacies are included in this year's accounts totalling £21,000. These legacies have been classed as unrestricted.

17. Reconciliation of Net Income / (Expenditure) to Net Cash Flow from Operating Activities

	Total Funds 2018-19 £'000	Total Funds 2017-18 £'000
Net income/(expenditure) as per the Statement of Financial Activities	(52)	(270)
Adjustments for:		
(Gains)/losses on investments	(49)	1
Dividends, interest and rents from investments	(73)	(74)
(Increase)/decrease in debtors	37	(37)
Increase/(decrease) in creditors	(44)	(29)
Net cash provided by (used in) operating activities	(181)	(409)



18. Transfers between Funds

During the period there were no transfers between fund categories.

19. Analysis of Charitable Funds

CHARITABLE FUNDS 2018/19				D		Realised	Unrealised	
	Fund Group/	Balance	Incoming Resources	Resources Expended	Transfers	Gains / Losses	Gains / Losses	Balance
	Charity No	b/f £'000	£,000	£,000	€,000	€,000	£,000	c/f £'000
St Dalmas	1057361-1	29	2	(3)	0	0	0	28
Educational	1057361-2	17	1	(2)	0	0	1	17
NHS Research	1057361-4	61	25	(7)	0	1	0	80
Amanda Pickett	1057361-5	1	0	0	0	0	0	1
Loughborough Hosp Fund	1057361-6	23	1	(2)	0	0	(1)	21
Oakham Nurses Fund	1057361-8	16	1	(1)	0	0	0	16
Towers Pharmacy	1057361-10	2	0	0	0	0	0	2
Leicester Locality	1057361-11	78	7	(11)	0	1	1	76
Adult Mental Health	1057361-12	81	30	(51)	0	1	2	63
Community Health Services								
Centrally Managed	1057361-13	325	117	(159)	(2)	2	(5)	278
Leicestershire Community	1057361-13	3	0	(1)	(2)	0	1	3
Leicesterstille Continuinty	1007 301-13	3	· ·	(1)	· ·	U	'	J
East Community Funds								
Lutterworth Locality	1057361-14	42	3	(4)	0	1	1	43
Market Harborough Locality	1057361-14	44	6	(11)	0	1	0	40
Melton Mowbray Locality	1057361-14	34	4	(4)	0	0	(1)	33
Rutland Locality	1057361-14	311	19	(28)	0	3	0	305
St Lukes Palliative Care	1057361-14	42	4	(4)	0	1	(1)	42
Specialist Mental Health	1057361-15	4	1	(2)	0	0	0	3
West Community Health Services								
Ashby/Coalville	1057361-16	47	4	(7)	0	1	1	46
Hinckley Locality	1057361-16	75	11	(18)	0	1	(1)	68
Loughborough Locality	1057361-16	19	1	(2)	0	0	0	18
Elderly Mental Health Services	1057361-17	25	11	(4)	0	0	1	33
Umbrella Charity Fund	1057361 (funds 80, 81 & 82's)	25	1	(19)	(1)	0	1	7
East Midland Mental Health	1057361-9	0	0	0	0	0	1	1
Unrealised Centralised		431	1	(11)	3	1	34	459
Grand Total of Funds		1,735	250	(351)	0	14	35	1,683

The above funds include the one restricted fund – the Amanda Pickett Memorial Fund (fund number: 10001) with a value of £1,009 as at 31st March 2019.



20. Connected Organisation

The Charity's Corporate Trustee is Leicestershire Partnership NHS Trust, which had the following results in the year under review and preceding year:

	2018-19 Operating Expenditure £'000	2018-19 * Surplus/ (Deficit) £'000	2017-18 Operating Expenditure £'000	2017-18 * Surplus/ (Deficit) £'000
Leicestershire Partnership NHS Trust	267,899	5,525	259,484	4,675
Total	267,899	5,525	259,484	4,675

^{*} This is the adjusted surplus / (deficit), excluding impairments

21. Events after the Reporting Period

The draft accounts were issued on 4thth October 2019. Between this date and 17th December 2019 there were no events after the reporting period.

