



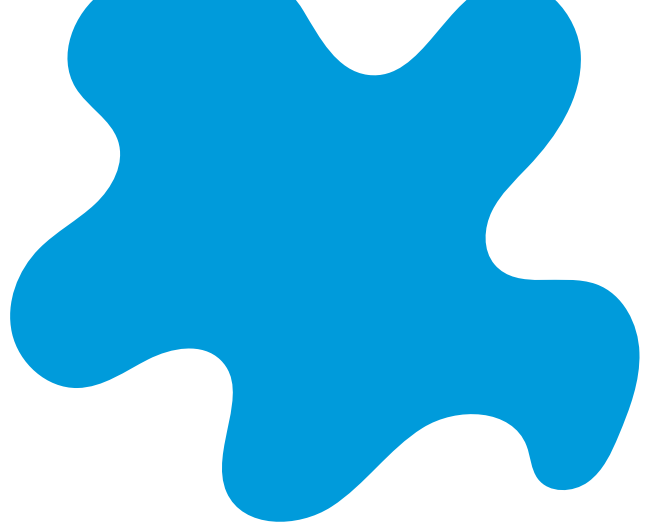
Trusts and Foundations Report

Adele Stacey

January 25 - January 26



Impact in numbers



January 2025 to January 2026



140

applications sent to funders



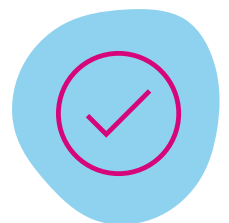
14

new funder relationships



230

trusts/foundations pipeline developed



14.3%

success rate



£156,766

total income raised



40

SIM card contracts gifted worth £7.5k



£15,271

of funding in gifts-in-kind



£400,000

value of live applications*

*February 2026

We are incredibly grateful for the generous support we receive from charitable trusts and foundations, helping us to enhance the care and experience for the patients of Leicestershire Partnership NHS Trust (LPT) services. Many of our boldest and most impactful projects have only been possible thanks to the commitment of independent grant makers.

There are many opportunities for like-minded partners to join us in going above and beyond for our patients, their families, and our staff. If you would like to make a donation, or discuss how our support services align with your organisation's goals, please do not hesitate to get in touch.

I truly love working with trusts, and I am excited to build new partnerships where we can learn from one another and work collaboratively to improve people's lives.

Thank you, and I hope you enjoy reading about the impact we have achieved together.

Adele Stacey
Trusts & Foundations Lead





New equipment and
building improvements

Adult Eating Disorder Calming Garden



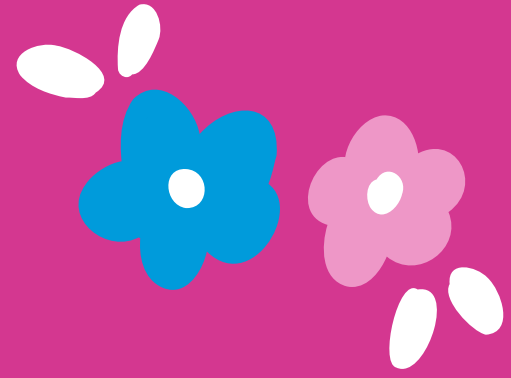
**£2,000
raised**



Thanks to the Bupa Foundation, we will be able to enhance the outdoor space for our Adult Eating Disorder service, creating a calming and therapeutic environment for our patients.

The redesigned garden will feature a variety of seating areas and sensory plants, offering patients a peaceful space away from the wards where they can relax, stimulate their senses, and enjoy moments of tranquillity. Work on the garden will be starting later in 2026, and we hope it will be completed by summer, ready for patients to use.

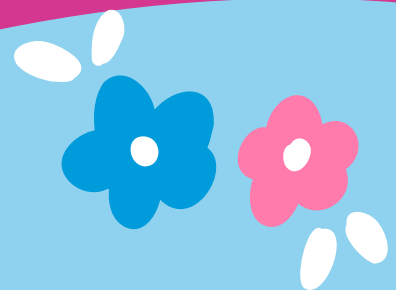
Bee and Breathe Garden



**£10,000
raised**

We have kickstarted our 'Bee and Breathe' garden project, already raising £10,000 from two separate funders: Screwfix and the Edith Murphy Foundation.

We will be working with the Child and Adolescent Mental Health Outpatient Service to create a beautiful outdoor therapeutic garden for patients to use whilst waiting for their appointments. Due to severe mental health issues, many young people using the service can find indoor environments extremely triggering. Having an outdoor space to wait will make a huge difference to how receptive patients are to the care they receive. We continue to raise funds for this project so if you are interested in donating, please get in touch!





Innovations in practice and therapeutic activities

Arts in Mental Health

£2,250
raised



Our Art therapy sessions have played an important role in the therapeutic offer for our mental health patients.

These sessions enable creativity, motivation, communication and so much more whilst patients are on their journey to recovery. **We are grateful that three local charitable trusts: Himat Tanna, J R Corah and Florence Turner, who have enabled our arts in mental health co-ordinator to continue to run these sessions through the purchase of art supplies and artist time.**

“It has had a profound impact on in-patients encouraging socialising, being yourself and a sense of safety and belonging”



Homeless Mental Health Service



We successfully secured funding for our Homeless Mental Health Service to provide vital mental health support to families in temporary accommodation across Leicestershire. The kind grant of £2,000 from the ICB helped engage with service users.

We run several outreach events in collaboration with other voluntary and community organisations, to meaningfully engage with families, offering practical support and make referrals. One event was held just before Christmas, where children and their families received toys, teddy bears, blankets, and clothing, helping create a safe, warm space for families who need it most.

**£2,000
raised**

Therapeutic Cookery Sessions



We are extremely grateful to both the Samworth Brothers and Tesco Stronger Starts: Cooking For All, enabling us to deliver therapeutic cookery sessions at our Child and Adolescent Mental Health Inpatient facility, the Beacon Unit.

These sessions aim to help patients improve their relationship with nutrition, which is especially important for those receiving treatment for severe eating disorders. These activities are an invaluable part of our patients therapeutic journey.

Through a combination of meal planning, shopping, cooking, and even growing their own vegetables, patients will gain practical skills and build confidence around food in a safe and supported environment.

**£4,266
raised**





Medical research
to improve our services

Flow Headsets appeal (Continued)

**£40,000
raised**



Last year, we were extremely successful raising funds for the Flow Neuroscience Headsets appeal to continue the work that our Crisis Mental Health team had started during the pilot study they led on.

This year, we have continued to seek funding for other services including our Adult Eating Disorder service and Community Mental Health teams. The total for this project to date reaches, £40,000* allowing the purchase of 150 headsets and pads across different services.

NHS Charities Together: Innovation Grant

**£117,500
secured**

We are so excited to share we have secured an Innovation Grant from NHS Charities Together to support children and their carers on our CAMHS waiting list.

This project will develop online resources for parents, carers, and guardians of children awaiting treatment, strengthening support networks and addressing health inequalities through culturally informed materials and community links.

The project funding is made up of £117,500 from NHS Charities Together and £35,000 match funding from Raising Health charitable funds.

We are currently in the Support and Development phase with NHS Charities Together.



Staff facilities,
wellbeing and education

Reflective Practice Groups



We are committed to securing significant funding to introduce Reflective Practice Groups, Heads and Hearts model across the organisation. This work represents an important and timely investment in the wellbeing, confidence, and professional growth of our staff.

At the heart of the project is a rigorous research programme exploring how structured, psychologically safe spaces for reflection influence the experiences and performance of two key cohorts: staff from ethnic minority backgrounds and senior leaders.

Extensive work has already gone into developing and submitting funding applications, and we now await the outcomes.

Securing this investment would allow us to scale a model that is both needed and transformative for our people and the communities we serve.

**£250,000
worth
project**

“I’ve worked together with Adele on several community initiatives . She is **extremely passionate** in her role at Raising Health and helping vulnerable people in our community.”

**-Leicestershire and Rutland
Masonic Foundation**

Partnership with Carlton Hayes



Our longstanding partnership with the Carlton Hayes Mental Health Charity shows the real impact of working with charitable trusts and foundations. Through their generous biannual block funding of £55,000, we've been able to deliver over 40 grassroots projects in the past year-reaching more than 5,000 patients across our Trust.

This year, through this funding we have delivered a number of projects including art and music sessions, murals co-creation with patients, cultural activities, adventure therapy, days out, and much needed equipment to use across our mental health services.



Gifts in Kind

SIM cards donation

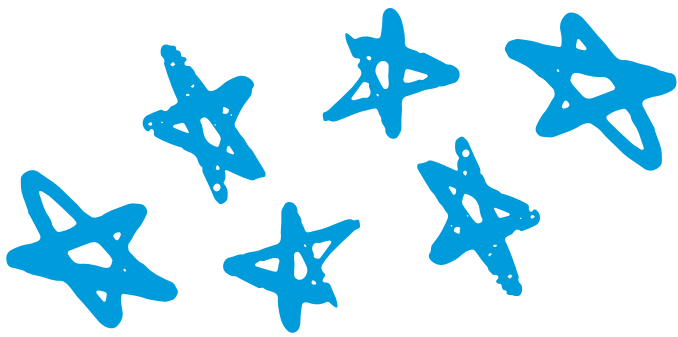


We secured support from Vodafone through its Digital Inclusion Programme, who kindly donated 40 SIM cards (worth £7,500), each with 20GB of data, unlimited calls, and texts. These have been instrumental in connecting families who are facing homelessness to access healthcare, emergency services, and vital support networks.

Teddies

We received a kind donation of 300 teddy bears through the Teddies for Loving Care charity to our Children's Services including phlebotomy, children's mental health, community paediatrics, and our homeless families service.





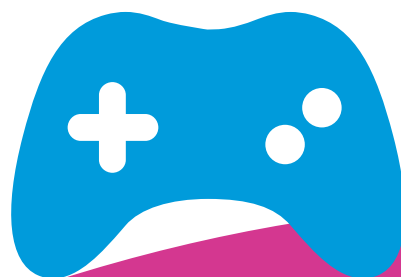
Sensory items

Thanks to the Starlight Foundation we were provided with 5 starlight boxes for many of our services, enabling us to use additional sensory toys and equipment as part of the care and treatment we provide. This includes light up toys, slime, fidgets and tactile toys.



Playstations

Get Well Gamers have supported us by donating two brand-new PlayStation 5 consoles alongside a selection of games designed to engage, comfort and entertain patients across two of our Children and Adolescent Mental Health Service sites.





THANK YOU!

Flow appeal



The Maud Elkington Trust.

Art therapy

Garden projects

Himat Tanna Trust

The Florence Turner Trust



Edith Murphy Foundation

J REGINALD CORAH FOUNDATION



Cooking sessions

Homeless service



Gifts in Kind

CAMHS project



Can you help us raise £1 million for our Dementia friendly wards appeal?

LPT have seven community hospitals, with thirteen wards in total, as well as mental health units with four wards for older people. We want to build environments that calm, reassure, and empower our dementia patients to move with confidence and independence.



Improvements will include: clearer signage, better lighting, appropriate flooring, easy-to-read clocks, multi-sensory features, memory boxes, therapeutic displays, and much more. Together, these changes will transform our spaces into places of comfort and hope.



We invite you to join us on this powerful journey to create brighter and more welcoming wards for the people who need them most.

If you would like to learn more about this appeal please visit our website:



How you can help



If you're a Charitable Trust or Foundation looking to **make a powerful, lasting impact across Leicestershire and Rutland**, I'd be excited to connect with you.

Working with us means joining forces with an NHS charity that's **genuinely transforming patient care and community wellbeing**. This report is just one example of what we can achieve when we work together.

We're **passionate about building partnerships** that spark real change for local people. If you're curious about how we can combine our strengths and create something remarkable, I'd love to start that conversation.

Please contact us at:

adele.stacey@nhs.net



Raising Health

www.raisinghealth.org

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Raising Health is a registered charity within England and Wales.
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